

# Sura Academy – General Information

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Dear spiritual seeker,

Let me welcome you cordially to the Sura Academy for holistic spiritual training!

What is waiting for you here? What can you expect? And what here is different from other spiritual training opportunities? Is this the right place for you?

Let me explain everything in steps:

You are a spiritual person and you are on a platform for spiritual training and development. You are here because you want to unfold your spiritual nature, you want to grow, and you think that this could be the right place. So far so good.

## **Spirituality versus religion**

A spiritual attitude is natural and an original aspect of human nature. Religion is man-made and only in the best case is it based on true spirituality and divine inspiration. While spirituality is universal, simple, natural, and free, religions are limiting, artificial, based on tradition and culture, organized in hierarchies, complex institutions, etc. Religions can be seen as a cage for spirituality or a building around spirituality. A spiritual person is in touch with the divine being and feels the deeper underlying unity with creation. A religious person needs his priest to connect to God and has to follow religious teachings. These are a few main differences. A religious person can grow beyond the limitations of his religion and then he becomes spiritual. Only when you become a spiritual person can you open the doors to the mysteries of God, the human being, and creation. And this initiation is your birthright. Freedom and enlightenment are your birthright. Health and well-being are your birthright. We are here to support you in the realization of your birthright.

## **Spiritual tradition versus religion**

While religions create followers as shepherds build flocks of sheep, spiritual traditions help mature souls to unfold their higher nature, to become self-responsible creators of their own life as conscious parts of the greater unity of creation. Most spiritual traditions have a special focus on certain techniques and aspects of the human being. Simply said, while some focus on love and compassion, others focus on wisdom and knowledge, or mastery and will power, or superior health, etc. All spiritual traditions work with concentration and meditation exercises, with the cleaning, healing, and refining of the mind, soul, and physical body.

## **Universal training versus spiritual tradition**

There is a core of spiritual teachings that has a universal nature. This core is the source of all spiritual traditions. It is based on the universal laws of creation and so it offers a well-balanced and complete form of spiritual education. Single exercises and teachings can be found in all spiritual traditions, and also in religious teachings, but only in the core are they most balanced and complete. The old Maha Yoga was one expression of these core teachings. In our days the spiritual Master Arion (Franz Bardon) has unveiled these teachings in a very compact and pure way without any traditional or cultural

background. It is the direct path to the complete unfolding of your higher nature and the total understanding of all the mysteries of God, the human being, and creation.

### **Our holistic training versus the teachings of Master Arion (Franz Bardon)**

In his teaching Master Arion follows the symbolic system of initiation that was also used in old Egypt. Although it is lawful and has a universal character, it is limited to the single symbolic steps of development and it has a focus on will power and mastery. In our spiritual training we orientate on these universal teachings but we don't limit ourselves to the symbolic steps of initiation. Our system is dedicated to wisdom and the whole training is derived from this principle. We also have a holistic focus on all four major aspects in the development. Mastery and will are one aspect, wisdom and knowledge are a second one, love and compassion are a third aspect, and the fourth aspect is selfless service and good deeds. Here we connect to the old path of Maha Yoga. Further on, all useful knowledge of psychology, psychotherapy, management, etc., will be integrated for a most efficient training. A high degree of efficiency and the principle of wisdom are main aspects of the training concept.

### **The student in our holistic spiritual training**

Everyone is welcome if a real spiritual attitude and the motivation for spiritual training are given. The student can organize his training in an individual and self-responsible way. He will receive as much support as possible and has the option to share his experiences and questions with other students. There are no obligations towards the school, so the student can leave the training whenever he wants to. Personal freedom is respected as a holy birthright. The only requirements are a positive, respectful, spiritual behavior in the school and the willingness to learn and to grow. The great opportunity of the school is to experience real friendship on an international basis and to grow together on the long and fascinating spiritual journey. True spirituality is based on love and compassion, and it comes along with joy and happiness. So this unique opportunity should be taken by every student. There is nothing more precious than true spiritual friendship and brotherhood.

### **The teacher or spiritual guide**

In former times most spiritual teachers or gurus were only in certain fields of knowledge, enlightenment, mastery, abilities, etc.,—initiated within their own tradition and corresponding to their degree of refinement. Only a very few of these teachers received higher, and the highest, initiation into the nature of God, the human being, and creation. In these former times every single step of initiation was more than precious and a really high honor. Today with the revelation of the spiritual core teachings nearly all teachers are declassified simply for the reason that there is so much more to learn and to master than “simple” enlightenment. The experience of unity, of enlightenment, is only the beginning but not the end of development. Due to this the advanced souls also have to be seen as students although they can serve as good guides on the path. Even those who have mastered all levels of initiation have just accomplished that basis since real or complete mastery is a matter of many decades of practical work, application, and experiences. In this context Master Arion belongs to the top of the initiates, far beyond all advanced students and traditional masters. Actually he is teaching now the most advanced souls on the higher planes but he has left for us all important teachings for a lawful and balanced training.

## **Your teacher and spiritual guide Ray**

Corresponding with my explanations above I can see myself also only as an advanced student who will do his best to serve as a good guide in the name of love and wisdom. I have some special characteristics that allow me to work as a teacher to sufficient degrees. I am one of the old souls and I have been on the spiritual path for a very long time already. As far as I remember, I was an initiate of the Indian wisdom, a worshipper of Vishnu. I was also a Bon Buddhist Lama, a priest of Ptah in old Egypt, and a Cathar in France. Also in this life I have dedicated myself completely to the spiritual path. I have studied everything for a holistic understanding of God, man, and creation. I have studied several different things like architecture, management, eco-biology, business, hypnotherapy, past-life-therapy, Pranic Healing, etc. Now I am working as a psychotherapist and coach. My bright knowledge is very useful for a holistic and efficient training conception. Besides my normal studies I have been working in the core training of Master Arion for more than two decades. I reestablished my higher consciousness around the age of eighteen by using the cosmic letter E unconsciously. And I have started all my public projects under the inspiration of the cosmic letter Y—in a state of divine love and unity. I have accomplished the highest mystical training so I can take part in all aspects of the divine nature. I have built a permanent connection to God in divine love by the use of the CY formula and I have received the highest possible enlightenment with the JLJ formula. Nevertheless, I have much to learn and to practice. God has been kind to me and I am grateful when I can support my spiritual fellows on their own journey in a lawful, efficient, and balanced way, as a brother on the path.

## **About the training**

The training concept is holistic, lawful, according to the principles of creation, well-balanced, transparent, well-explained, and good to follow. It is neutral and universal. So it fits everyone, independent of their religious or cultural background. There are core exercises and optional lessons. The training has its focus on the practice with real, personal, experiences, but it also provides the useful basics of theory. All information for making good individual decisions with respect to exercises and lessons is provided. So the student knows what he is doing and what aims the single exercises have. A major focus is set on the cleaning, healing, and refinement of the personality, as this in general is the major challenge on the path (and not the training of abilities, etc.). This means that the student gets support in the dissolving and healing of personal blockades and karma for better progress. The platform provides lessons and guided meditations, as well as webinars and videos, on the basis of a logical system of development. A forum allows for discussion of topics and experiences. According to his needs and level of personal development, the student can choose his exercises as they feel right to him. Spiritual workshops are offered in the German-speaking countries, in London, in the USA, and in general anywhere where enough participants can be gathered. The spiritual teachings also include the main aspects of life for more balance, happiness, and success everywhere.

## **About Truth**

In our spiritual training we are dedicated to the absolute truth—the absolute reality which is beyond the relative, filtered understanding of humans and personal projections. The absolute reality shows up in the form of logical principles and the laws of nature. The knowledge of them, including their application, is called wisdom. The more you are able to understand and use the keys of wisdom, the more you are able to understand the absolute reality of God, creation, and the human being. On the other hand it is absolutely necessary that you question EVERYTHING. The student has to undergo a

process of cleaning, healing, and refining of his whole mental and emotional conditioning. This is a major part of the rise of the phoenix. In this process he has to understand the function of his psychological filters of perception and the projections of his ego. The student has to go beyond these limitations to be ready to receive higher insights and a deeper understanding of the absolute truth. This means, among other things, that every student has to make his own experiences by empirical research—by doing his training and by comparing and matching his experiences with those of other students, especially those who are advanced. By the use of the keys of wisdom he must be able to explain his experiences and results. In the end this means that all teachings are based on research, the research is a permanent process, and we have to maintain hygiene in knowledge. We have to focus on a very high level of quality and a conscious reduction of theory in quantity. Today we witness huge amounts of information that are growing permanently while the quality or usefulness is decreasing. We have countless so-called spiritual teachings, training systems, philosophies, etc., but in fact we have to focus ourselves on the highest knowledge, the peak of the pyramid (unity, simplicity) and not on its basement (diversity, complexity). Like the Zen Master says “The cup must be clean and empty to receive the finest tea.”

### **Membership**

Membership requires an authentic profile and portrait photo, as this is a closed community of students on an authentic basis. Only people with high spiritual ideals and a true spiritual attitude are permitted. So you have to explain seriously in written form why you should be accepted for the training. You have to agree to the principle of self-responsibility and to the orientation to the divine virtues of wisdom & omniscience, omnipotence, all-embracing love & compassion, and eternal life. You have to be willing to learn and to grow beyond the attitude of your ego. The right spiritual attitude is absolutely necessary to join the community and for real progress. For permanent good service and care there is a monthly membership fee of regular 27 € and a reduced one of 7,20 €. Donations are welcome. Everything which is realized and maintained in the material world needs financing. In fact the better the financing, the better the training that can be offered and maintained. Those who cannot afford these fees can get an individual discount and do voluntary work respectively. Those who are able to spend even more money can give donations to support the work of the spiritual school. Everyone with a true spiritual attitude and heart's desire to undergo the spiritual development is welcome independently of his financial situation.

### **The community**

The community of students is based on respect of the individual, self-responsibility, positive behavior, and above all the divine principles of love and unity, which show in the understanding of each other as brothers and sisters on the spiritual path. We are here to share friendship, to support and care for each other. This is a very precious and holy experience. It is the wonderful fundament of our spiritual school.